

MAY, 2017

WEST MARSHALL

ELEMENTARY LUNCH

CINCO DE MAYO

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	1:00 DISMISSAL 3	4	5
CHICKEN NUGGETS	HOT DOG	HAMBURGER	FISH STICKS	WALKING TACO
Mashed Potatoes	Baked Beans Chips	Sweet Potato Fries	Carrots	Lettuce/Salsa/Cheese
Broccoli	Cauliflower w/Dip	Green Beans	Pepper Strips Macaroni & Cheese	Potato Wedges
Fruit Cocktail	Peaches	Watermelon	Orange Smiles	Grapes
	Cookie			Cake
B-Biscuit & Gravy	B-Pancake & Sausage	B-Cinnamon Roll	B-Breakfast Nachos	B-Breakfast Sandwich
8	9	10	11	12
TROJAN CHEESE BREAD	MANDARIN CHICKEN w/RICE	MR RIBB SANDWICH	CHEESE OMELET	TURKEY FRITTER
Marinara	Broccoli	Baked Beans	Hash Brown	Green Beans
Dark Green Lettuce Salad	Cole Slaw	Carrots	Pepper Strips	Potato Salad
Apple Wedges w/Dip	Pineapple	Pears	Strawberries	Peaches
Oatmeal Cookie	Fortune Cookie		Coffee Cake	
B-Biscuit & Gravy	B-Waffle & Smokies	B-Frosted Donut	B-Breakfast Wrap	B-Breakfast Sandwich
15	16	17	18	19
CHICKEN TACO	BREADED PORK SANDWICH	CHICKEN TENDERS	DELI SUB	CORN DOG
Lettuce/Salsa/Cheese	Baked Beans	Tater Tots	Dark Green Lettuce Salad	Corn
Refried Beans	Celery w/Sunbutter or PB	Broccoli Salad	Pepper Strips	Baby Carrots
Orange Smiles	Strawberries	Applesauce	Mandarin Oranges	Pears
Cinnamon Puffs	Cake			Cookie
B-Biscuit & Gravy	B-Pancake on a Stick	B-Cinnamon Roll	B-Combo Patty & Toast	B-Breakfast Sandwich
22	23	24	25	26
CHEESE PIZZA	CHICKEN SANDWICH	COOK'S CHOICE	HOT HAM & CHEESE SANDWICH	TRACK & FIELD DAY
Dark Green Lettuce Salad	Oven Fries	Green Beans	Baked Beans	PBJ Fresh Veggie
Peas	Broccoli	Cole Slaw	Baby Carrots	Chips
Peaches	Melon	Mixed Fruit	Pineapple	Applesauce Cup
Cake				Cookie
B-Biscuit & Gravy	B-French Toast	B-Cinnamon Roll	B-Breakfast Pizza	B-Breakfast Sandwich
29	30	31	June 1	
	COOK'S CHOICE			
MEMORIAL DAY NO SCHOOL		SCHOOL PICNIC DAY Bring your own lunch	<i>School out at 11:00</i> <i>Summer Vacation begins</i>	West Marshall CSD does not discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age or religion in its programs or employment.
	B-Cook's Choice	B-Cook's Choice	B-Cook's Choice	
Every day for breakfast we have Cereal Choices w/Toast or the special for the day.				
Lunches include the fruit and vegetable bar with the meal				
Students are encouraged to select 5 components: Fruit, Vegetable, Grain, Meat & Milk.				
However, students are only required to select 3 of the components. One must be 1/2 cup fruit or vegetable.				
Menu is subject to change.				
Breakfast \$1.50 Adult Breakfast \$1.90	Lunch PreK-5th \$2.25	Lunch 6th-8th \$2.30	Lunch 9th-12th \$2.35	Lunch Adult or Guest \$3.75