

MAY, 2017

WEST MARSHALL

MIDDLE and HIGH SCHOOL LUNCH MENU

CINCO DE MAYO

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	1:00 DISMISSAL 3	4	5
POPCORN CHICKEN	PIZZA CHOICES	CHEESE BURGER	TWISTED ALFREDO	WALKING TACO
Baker Potatoes	Dark Green Lettuce Salad	Sweet Potato Fries	Carrots	Lettuce/Salsa/Cheese
Broccoli Pasta	Cauliflower w/Dip	Green Beans	Pepper Strips	Potato Wedges
Fruit Cocktail	Peaches	Watermelon	Orange Smiles	Grapes
	Cookie		Breadstick	Cake
B-Biscuit & Gravy	B-Pancake & Sausage	B-Cinnamon Roll	B-Breakfast Nachos	B-Breakfast Sandwich
8	9	10	11	12
FAJITA CHICKEN TACO	MR RIBB SANDWICH	MANDARIN CHICKEN w/RICE	MEATBALL SUB	TURKEY FRITTER
Lettuce/Cheese/Salsa	Baked Beans	Stir Fry Vegetables	Dark Green Lettuce Salad	Green Beans
Refried Beans	Carrots	Cole Slaw	Pepper Strips	Potato Salad
Melon	Pears	Pineapple	Fresh Strawberries	Peaches
Spanish Rice		Fortune Cookie	Cake	
B-Biscuit & Gravy	B-Waffle & Smokies	B-Frosted Donut	B-Breakfast Wrap	B-Breakfast Sandwich
15	Seniors Last Day 16	17	18	19
CRISPITOS	BREADED PORK SANDWICH	CHICKEN TENDERS	DELI SUB	CHICKEN FRIED STEAK
Cottage Cheese Mixed Vegetables	Baked Beans	Tater Tots	Dark Green Lettuce Salad	Mashed Potatoes & Gravy
Cucumber Slices	Celery w/Sunbutter or PB	Broccoli Salad	Pepper Strips	Corn
Mixed Fruit	Strawberries	Applesauce	Mandarin Oranges	Pears
Cinnamon Puff	Cake	Juice Slushie		Dinner Roll
B-Biscuit & Gravy	B-Pancake on a Stick	B-Cinnamon Roll	B-Combo Patty & Toast	B-Breakfast Sandwich
22	23	24	25	26
BREAKFAST TACO	CHICKEN SANDWICH	TROJAN CHEESE BREAD	HOT DOG	PHILLY BEEF SANDWICH
Hash Brown	Oven Fries	Marinara Sauce	Baked Beans	Sweet Potato Fries
Pepper Strips	Broccoli	Green Beans	Baby Carrots	Dark Green Lettuce
Fresh Strawberries	Melon	Cole Slaw	Pineapple	Peaches
Coffee Cake		Mixed Fruit		Cookie
B-Biscuit & Gravy	B-French Toast	B-Cinnamon Roll	B-Breakfast Pizza	B-Breakfast Sandwich
29	30	31	June 1	
	COOK'S CHOICE	COOK'S CHOICE		
MEMORIAL DAY NO SCHOOL	SEMESTER TEST DAY	SEMESTER TEST DAY	<i>School out at 11:00 SEMESTER TEST MORNING Summer Vacation begins</i>	West Marshall CSD does not discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age or religion in its programs or employment.
	B-Cook's Choice	B-Cook's Choice	B-Cook's Choice	
<i>Second Choices are available everyday.</i>				
<i>They will vary according to what is available at each school.</i>	Every day for breakfast we have Cereal Choices w/Toast or the special for the day.			
	Lunches include the fruit and vegetable bar with the meal			
	Students are encouraged to select 5 components: Fruit, Vegetable, Grain, Meat & Milk.			
	However, students are only required to select 3 of the components. One must be 1/2 cup fruit or vegetable.			
	Menu is subject to change.			
Breakfast \$1.50 Adult Breakfast \$1.90	Lunch PreK-5th \$2.25	Lunch 6th-8th \$2.30	Lunch 9th-12th \$2.35	Lunch Adult or Guest \$3.75