

# AUGUST 2017

# WEST MARSHALL

# ELEMENTARY LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
West Marshall CSD does not discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age or religion in its programs or employment.				
7	8			
14			17	18
21	22	23	24	25
		<b>MACARONI &amp; CHEESE</b>	<b>DELI SUB</b>	<b>CHEESE PIZZA</b>
		Peas	Baked Beans	Dark Green Lettuce Salad
		Baby Carrots	Lettuce/Tomato/Pickle/Onion	Green Beans
		Pears	Apple Wedges w/Dip	Peaches
		Juice Slushie		Vanilla Pudding
		<b>B-Frosted Donut</b>	<b>B-Omelet &amp; Toast</b>	<b>B-Breakfast Sandwich</b>
28	29	30	31	
<b>MANDARIN CHICKEN w/Rice</b>	<b>HAMBURGER</b>	<b>BEEF NACHOS</b>	<b>CHEESE OMELET</b>	
Steamed Broccoli	Sweet Potato Fries	Refried Beans	Hash Brown	
Cole Slaw	Cucumber Slices	Lettuce/Cheese/Salsa	Celery w/Sunbutter or Peanut Butte	
Pineapple	Watermelon	Peaches	Blueberries	
Fortune Cookie		Cinnamon Puff	Crumb Cake	
<b>B-Biscuit &amp; Gravy</b>	<b>B-Pancake &amp; Sausage</b>	<b>B-Cinnamon Roll</b>	<b>B-Breakfast Pizza</b>	
Every day for breakfast we have Cereal Choices w/Toast or the special for the day.				
All Breakfasts and Lunches must include at least 1 serving of Fruit or Vegetable to be a reimbursable meal.				
Lunches include the fruit and vegetable bar with the meal				
Students are encouraged to select 5 components: Fruit, Vegetable, Grain, Meat & Milk.				
However, students are only required to select 3 of the components. One must be 1/2 cup fruit or vegetable.				
<b>Menu is subject to change.</b>				
Breakfast \$1.60 Adult Breakfast \$1.90	Lunch PreK-5th \$2.35	Lunch 6th-8th \$2.45	Lunch 9th-12th \$2.50	Adult or Guest Lunch \$3.75

WELCOME BACK TO SCHOOL