

SEPTEMBER 2017

WEST MARSHALL

ELEMENTARY LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
West Marshall CSD does not discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age or religion in its programs and employment.				1 BREADED CHICKEN SANDWICH Oven Fries Baby Carrots Fruit Cocktail <i>B-Breakfast Sandwich</i>
4 LABOR DAY NO SCHOOL	5 CRISPITO Carrot Coins Cottage Cheese Celery w/Sunbutter or PB Peaches Churro <i>B-French Toast</i>	6 SHREDDED BEEF SANDWICH Baked Beans Pepper Strips Pears Oatmeal Cookie <i>B-Frosted Donut</i>	7 SPAGHETTI w/MEATBALLS Corn Dark Green Lettuce Salad Kiwi Garlic Bread <i>Toast & Combo</i>	8 CORN DOG Oven Fries Broccoli w/Dip Applesauce <i>B-Breakfast Sandwich</i>
11 POPCORN CHICKEN Roasted Baby Bakers Peas Fruit Cocktail <i>B-Sausage Biscuit</i>	12 BEEF BURGER Roasted Cauliflower Baby Carrots Strawberries Cake <i>B-Waffle & Smokies</i>	13 BEEF TACO Refried Beans Spanish Rice Lettuce/Cheese/Salsa Watermelon <i>B-Cinnamon Roll</i>	14 BREADED PORK SANDWICH Broccoli Cucumber Slices Pears <i>B-Breakfast Wrap</i>	15 TURKEY FRITTER Sweet Potato Fries Pepper Strips Peaches <i>B-Breakfast Sandwich</i>
18 CHEESE PIZZA Green Beans Dark Green Lettuce Salad Strawberries Cherry Parfait <i>B-Biscuit & Gravy</i>	19 HOT HAM & CHEESE SANDWICH Baked Beans Pepper Strips Peaches Juice Slushie <i>B-Pancake & Sausage</i>	20 FISH STICKS Corn Baby Carrots Kiwi Cake <i>B-Cinnamon Roll</i>	21 MEATBALL SUB Sweet Potato Fries Broccoli & Carrot Salad Pears <i>B-Toast & Omelet</i>	22 CHICKEN TENDERS Mashed Potatoes Celery w/Sunbutter or PB Apple Wedges w/Fruit Dip Homecoming Cake <i>B-Breakfast Sandwich</i>
25 TROJAN CHEESE BREAD Marinara Sauce Dark Green Lettuce Salad Orange Smiles Cake <i>B-Sausage Biscuit</i>	26 MR RIBB SANDWICH Baked Beans Cucumber Slices Mandarin Oranges <i>B-French Toast</i>	27 CHICKEN NOODLES Mashed Potatoes Corn Fruit Cocktail Dinner Roll <i>B-Cinnamon Roll</i>	28 SHRIMP POPPERS Green Beans Baby Carrots Grapes <i>B-Breakfast Pizza</i>	29 NO SCHOOL
Every day for breakfast we have Cereal Choices w/Toast or the special for the day.				
All Breakfasts and Lunches must include at least 1 serving of Fruit or Vegetable to be a reimbursable meal.				
Lunches include the fruit and vegetable bar with the meal				
Students are encouraged to select 5 components: Fruit, Vegetable, Grain, Meat & Milk.				
However, students are only required to select 3 of the components. One must be 1/2 cup fruit or vegetable.				

West Marshall is an equal opportunity employer.
Menu is subject to change.
Breakfast \$1.60 Lunch \$2.35 (PreK--5th) \$2.45 (6th--8th) \$2.50 (9th--12th)