SEPTEMBER 2017 WEST MARSHALL MS/HS LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
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West Marshall CSD does not discriminate on the basis of race,creed, color, sex, sexual orientation, gender identity, national origin, diability, age or religion in its programs and employment.				**BREADED CHICKEN SANDWICH** **COOK'S CHOICE** Oven Fries Baby Carrots Fruit Cocktail ***B-Breakfast Sandwich***
4	5	1:00 DISMISSAL 6	7	8
LABOR DAY **NO SCHOOL**	**CRISPITOS** **BEAN & CHEESE BURRITO** Carrot Coins Cottage Cheese Lettuce/Salsa Peaches Churro ***B-French Toast***	**SHREDDED BEEF SANDWICH** Baked Beans Pepper Strips Pears Oatmeal Cookie ***B-Cinnamon Roll or Donut***	**PASTA w/MEAT SAUCE** **CHICKEN ALFREDO** Corn Dark Green Lettuce Salad Kiwi Garlic Bread ***Toast & Combo***	**CORN DOG** **COOK'S CHOICE** Oven Fries Broccoli w/Dip Pasta Salad Applesauce ***B-Breakfast Sandwich***
11	12	1:00 DISMISSAL 13	14	15
POPCORN CHICKEN **DELI SUB** Green Beans Seasoned Rice Broccoli Salad Fruit Cocktail ***B-Sausage Biscuit***	**BEEF BURGER** **FISH SANDWICH** Baked Beans Baby Carrots Strawberries Cake ***B-Waffle & Smokies***	**BEEF TACO** **BEAN & CHEESE ENCHILADA** Refried Beans Spanish Rice Lettuce/Cheese/Salsa Watermelon ***B-Cinnamon Roll or Donut***	**BREADED PORK** **COUNTRY FRIED STEAK** Mashed Potatoes w/Gravy Cucumber Slices Pears Dinner Roll ***B-Breakfast Wrap***	**CHICKEN SANDWICH** **COOK'S CHOICE** Sweet Potato Fries Pepper Strips Peaches ***B-Breakfast Sandwich***
18	19	1:00 DISMISSAL 20	21	22
FRENCH BREAD PIZZA CHOICES Corn Dark Green Lettuce Salad Fresh Strawberries ***B-Biscuit & Gravy***	**HOT HAM & CHEESE SANDWICH** **PIZZA BURGER** Baked Beans Pepper Strips Peaches Juice Slushie ***B-Pancake & Sausage***	**FISH** **PORK & GRAVY** Mashed Potatoes Baby Carrots Kiwi Dinner Roll Cake ***B-Cinnamon Roll or Donut***	**MEATBALL SUB** **CHEESE BREAD STICKS** Sweet Potato Fries Broccoli Salad Pears Cherry Parfait ***B-Toast & Omelet***	**CHICKEN TENDERS** **COOK'S CHOICE** Green Beans Celery w/Sunbutter or PB Apple Wedges w/Fruit Dip Homecoming Cake ***B-Breakfast Sandwich***
2:30 DISMISSAL 25	26	27	2:30 DISMISSAL 28	29
TROJAN CHEESE BREAD **GIRILLED CHICKEN SANDWICH** Marinara Sauce Dark Green Lettuce Salad Orange Smiles Cake ***B-Sausage Biscuit***	**MR RIBB SANDWICH** **CHEESEBURGER** Baked Beans Cucumber Slices Mandarin Oranges ***B-French Toast***	**CHICKEN NOODLES** **BEEF & GRAVY** Mashed Potatoes Corn Fruit Cocktail Dinner Roll ***B-Cinnamon Roll or Donut***	**SHRIMP POPPERS** **DELI SUB** Green Beans Baby Carrots Hot Pasta Grapes ***B-Breakfast Pizza***	**NO SCHOOL**

Every day for breakfast we have Cereal Choices w/Toast or the special for the day.
All Breakfasts and Lunches must include at least 1 serving of Fruit or Vegetable to be a reimbursable meal.
Lunches include the fruit and vegetable bar with the meal
Students are encouraged to select 5 components: Fruit, Vegetable, Grain, Meat & Milk.
However, students are only required to select 3 of the components. One must be 1/2 cup fruit or vegetable.

Menu is subject to change.

West Marshall is an equal oportunity employer.
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Breakfast $1.60 Lunch $2.35(PreK--5th) $2.45(6th--8th) $2.50 (9th--12th)